



CIRCLE OF TRUST ACTIVITY SHEET



Place the examples of people you know in different circles of trust.

HINT: The trust is stronger the closer to the centre. So, make sure you place only the people you trust a lot in the centre circle.

Family you live with

Bus/Train Driver

Friends

Family Friends

Teachers

Doctors

Delivery or Post People

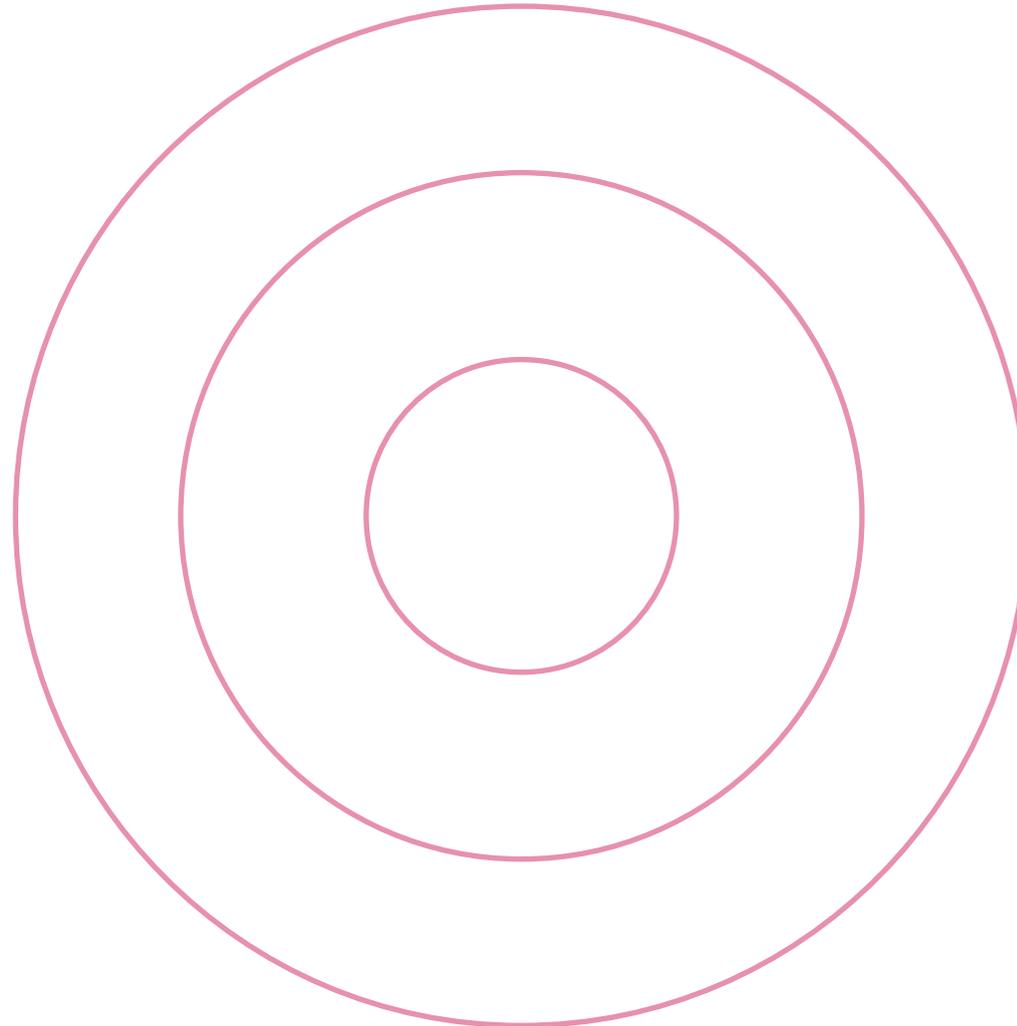
Police Officers

Neighbours

Shop Owner

Stranger

Sports Coach



For each person you place in a circle of trust, either write or discuss:

- ✂ The reason for the location on the diagram.
- ✂ How understanding trust with this person might help in different situations.